

ABOUT MENTAL ILLNESS%0A

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[About mental illness - Canada.ca](#)

Mental illness is experienced by 1 in 3 Canadians during their lifetime. Many Canadians are affected by it either directly or indirectly through family, friends or colleagues. Learn about mental illness, its risk factors, symptoms and treatment. Mental illness is the reduced ability for a person to

[What Is Mental Illness? - psychiatry.org](#)

Mental illness is nothing to be ashamed of. It is a medical problem, just like heart disease or diabetes. It is a medical problem, just like heart disease or diabetes. Mental illnesses are health conditions involving changes in emotion, thinking or behavior (or a combination of these). [Understanding Mental Illness - CMHA National](#) [Understanding Mental Illness](#) Mental illnesses can take many forms, just as physical illnesses do. Mental illnesses are still feared and misunderstood by many people, but the fear will disappear as people learn more about them.

[Understanding Mental Illness - CMHA Toronto](#)

[Understanding Mental Illness](#). MENTAL ILLNESS GET THE FACTS. Mental illness when we hear those words, many of us feel a little uncertain or uneasy, because we don't understand what mental illness is. And perhaps we feel a little scared because of the images of mental illness we see in the media. What is mental illness? The brain is the most complex organ in the human body. [Mental Fast Facts about Mental Illness - CMHA National](#) Mental illness affects people of all ages, education, income levels, and cultures. Approximately 8% of adults will experience major depression at some time in their lives. About 1% of Canadians will experience bipolar disorder (or manic depression).

[Mental illness Disease Reference Guide - Drugs.com](#)

Mental illness refers to a wide range of mental health conditions disorders that affect your mood, thinking and behavior. Examples of mental illness include depression, anxiety disorders, schizophrenia, eating disorders and addictive behaviors.

[Is Mental Illness Real? | Psychology Today](#)

Proponents of diagnosing mental illness, on the other hand, argue that mental disorders are as real as physical diseases and diagnosing them allows people to get the care they need.

[Mental Illness: Learn the Definition, Tests and Statistics](#)

Mental illness is any disease or condition that influences the way a person thinks, feels, behaves, and/or relates to others and to his or her surroundings. Although the

symptoms of mental illness can range from mild to severe and are different depending on the type of mental illness, a person with

21 Amazing Movies That Actually Understand Mental Illness

Girl, Interrupted is a classic 1999 drama film directed by James Mangold and Jonathan Kahn. The films stars Winona Ryder and Angelina Jolie as two young women who have been admitted to a mental hospital in the late sixties.

Mental Health Conditions | NAMI: National Alliance on ...

Mental Health Conditions. A mental illness is a condition that affects a person's thinking, feeling or mood. Such conditions may affect someone's ability to relate to others and function each day.

Understanding the Stigma Around Mental Illness

The stigma associated with mental illness can be divided into two types: social stigma, which involves the prejudiced attitudes that others have around mental illness; and self-perceived stigma, which involves an internalized stigma that the person with the mental illness suffers from.