

HEALTHY QUICK RECIPES

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Think you don't have enough time to make a healthy dinner? These easy recipes are ready in 20 minutes less time than it takes to order and drive to get takeout. So send those excuses right out the door and get cooking with one of these 20-minute dinner recipes.

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These easy, healthy recipes are super-quick to pull together. They're great for busy weeknights when you want good food on the table, fast!

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Made with plump blueberries, whole-wheat flour, oats, flaxseed meal, and low-fat yogurt, these healthy muffins deliver lots of fiber so you'll stay full throughout those morning meetings. They'll keep at room temperature for three days or in the freezer for one month.

[Healthy Weeknight Dinners Ideas : Food Network | Healthy ...](#)

Healthy Weeknight Dinners. These protein-packed fajitas cleverly use a foil-lined baking sheet and broiler to make a quick and healthy weeknight meal with easy cleanup.